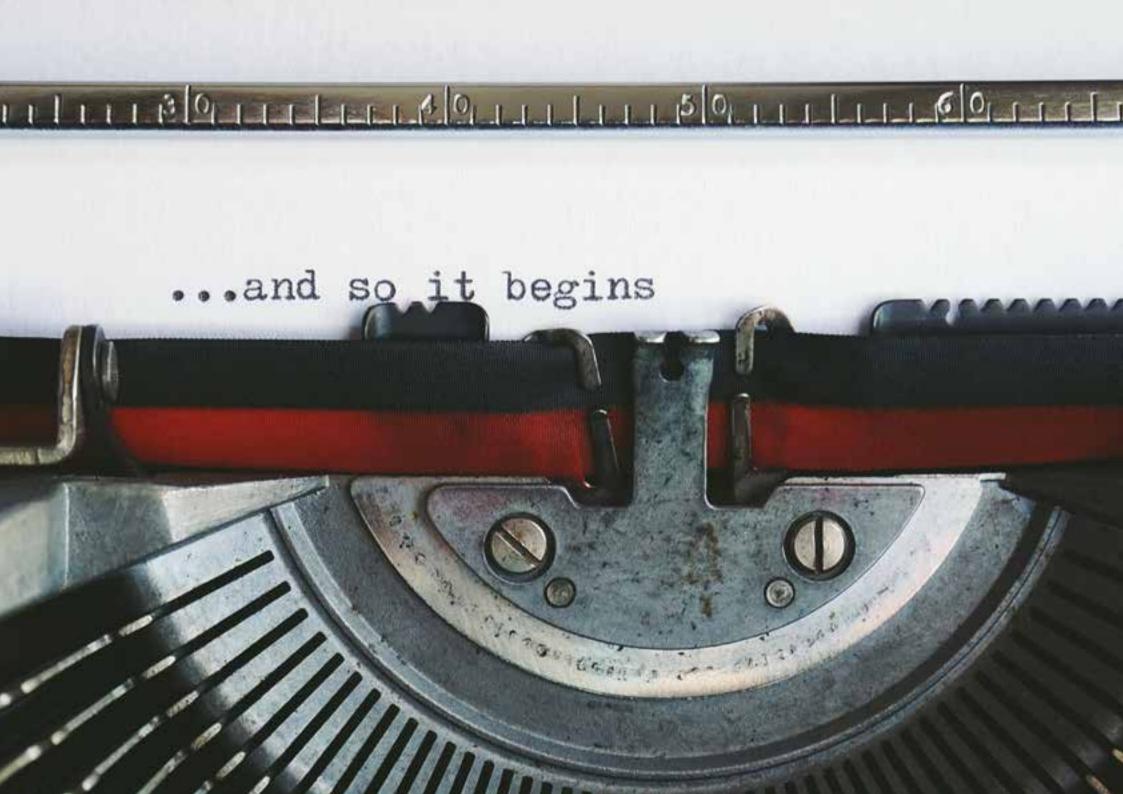


DE&S DIVERSITY AND INCLUSION CALENDAR 2022



January 2022



"We cannot achieve our goals without our people playing their part each and every day. DE&S has risen to many challenges in recent years and we have done so because of the strength of our people."

Sir Simon Bollom, DE&S Chief Executive Officer

Random Act of Kindness

Offer to mentor a colleague and share your expertise.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
Week 52.						1	2			
Week 1.	3	4	5	6	7	8	9			
Week 2.	10	11	12	13	14	15	16			
Week 3.	17 °	18	19	20	21	22	23			
Week 4.	24	25	26	27	28	29	30			
Week 5.	31									
	January is Cervical Health Awareness Month Celebration of Life Month Alcohol Concern Dry January Thyroid Awareness Month									
	O 1	Last Quarter	New Mod	on () Fi	rst Quarter (O Full Moon				

Special Days

- 1st Mary, Mother of God Catholic Christian, Gantan-sai (New Year) - Shinto, Global Family Day, New Year's Day/Hogmanay,
- 4th World Braille Day,
- 5th Twelfth Night Christian,
- **6th Epiphany** Christian, Feast of the Theophany – Orthodox Christian,
- 7th Feast of the Nativity Orthodox Christian,
- 9th Baptism of the Lord Jesus Christian, Birthday of Guru Gobind Singh - Sikh,
- 10th Seijin no hi (Coming of Age Day) - Shinto.
- 13th Lohri/Maghi Hindu, Sikh,
- 14th Makar Sankranti Hindu, **Pongal** – Hindu, Old New Year - Orthodox Christian,
- 16th World Religion Day,
- 17th Blue Monday,
 - 17-21 Civil Service Active Wellbeing Week.
 - Tu BiShvat Judaism,
- Martin Luther King Jr Day, 18th Thaipusam - Hindu,
 - 18-20 Mahayana New Year Buddhist 18-25 Week of Prayer for Christian Unity - Christian
- **19th Timkat** Ethiopian Orthodox Christian,
- 25th Conversion of Saint Paul Christian, Robert Burns Night (Burns Night),
- 27th Holocaust Memorial Day,
- 28th Data Privacy Day,
- 31st Birthday of Guru Har Rai Sikh.

Ministry of Defence









February 2022



"The culture of the organisation is built upon our individual actions. Building a genuinely inclusive culture requires action from everyone, and at an organisational level we must challenge and support people to do the right thing."

Ian Craddock, DE&S LGBT+ Champion

Ministry

of Defence

Random Act of Kindness

Check in with a colleague that you haven't spoken to for a while















O Full Moon

Special Days

Chinese New Year - Confucian, Daoist, Buddhist,

> Imbolc - Lughnassadh - Wicca/Pagan Northern and Southern hemispheres.

World Hijab Day,

1-7 World Interfaith Harmony Week, 1-28 LGBT History Month,

2nd Candlemas (Presentation of Christ in the Temple) - Christian,

3rd Setsubun-sai - Shinto. Time to Talk Day.

World Cancer Day,

Vasant Panchami - Hindu,

Zacchaeus Sunday - Orthodox Christian,

7-13 UK Race Equality Week, 7-13 Tinnitus Awareness Week,

Safer Internet Day,

11th International Day of Women and Girls in Science. World Day of the Sick,

12th Red Hand Day for Child Soldiers,

13th Triodion begins - Orthodox Christian, Autism Sunday,

14th Saint Valentine's Day,

15th Parinirvana Day/Nirvana Day - Buddhist, International Childhood Cancer Day,

16th Magha Puja (Sangha Day) - Buddhist,

20th Sunday of the Prodigal Son – Orthodox Christian,

25th Intercalary Days begin - Baha'i, International STAND UP to Bullving Day.

27th Meatfare Sunday – Orthodox Christian,

28th Lailat al Miraj - Islam.



March 2022



"Have courage to step out of your comfort zone and face any fears head on so that you can take advantage and seize the opportunities around you. Don't stop at the first sign of a barrier. Be brave, be courageous and realise your potential."

Jo Osburn-Hughes, **DE&S Gender Champion**

Random Act of Kindness

Tell a colleague how much you appreciate them.

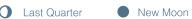


	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 9.		1	2	3	4	5	6
Week 10	7	8	9	10	11	12	13
Week 11	14	15	16	17	18	19	20
Week 12	2. 21	22	23	24	25	26	27
Week 13	3. 28	29	30	31			

March is Prostate Cancer Awareness Month | Ovarian Cancer Awareness Month | UK Marie Curie Cancer Care Great Daffodil Appeal Month |











Special Days

- 1st Intercalary Days (end) Baha'i, Saint David's Day - Christian, Shrove Tuesday – Christian, Maha Shivaratri – Hindu. International Wheelchair Day, Self Injury Awareness Day (SIAD), Zero Discrimination Day,
- 2nd Nineteen Day Fast begins Baha'i, Ash Wednesday - Christian,
- 3rd World Hearing Day,
- 6th Cheesefare Sunday Orthodox Christian,
- 7th Great Lent begins Clean Monday - Orthodox Christian,
- 7-11 National Careers Week, 8th International Women's Day,
- **13th Sunday of Orthodoxy** Orthodox Christian.
- 14th Nanakshahi (New Year) Sikh,
- 16th Young Carers Action Day
- 17th Saint Patrick's Day Christian, Holika Dahan – Hindu. Purim - Judaism,
- 18th Holi Hindu.
 - Lailat al Bara'ah Islam.
- 19th Saint Joseph's Day Christian, Hola Mohalla - Sikh.
- 20th Spring Equinox, Ostara - Mabon - Wicca/Pagan Northern and Southern hemispheres, International Day of Happiness,
- 21st Naw-Rúz (New Year) Baha'i. Norooz (New Year) - Persian/Zoroastrian, International Day for the Elimination of Racial Discrimination, World Down Syndrome Day, 21-25 Neuro Diversity Celebration Week,
- 25th The Annunciation of the Virgin Mary
 - Christian,

Annunciation to the Theotokos - Orthodox Christian. International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade,

- 26th Khordad Sal (Birth of Prophet Zarathushtra) - Zoroastrian,
- 30th World Bipolar Day,
- 31st International Transgender Day of Visibility.



April

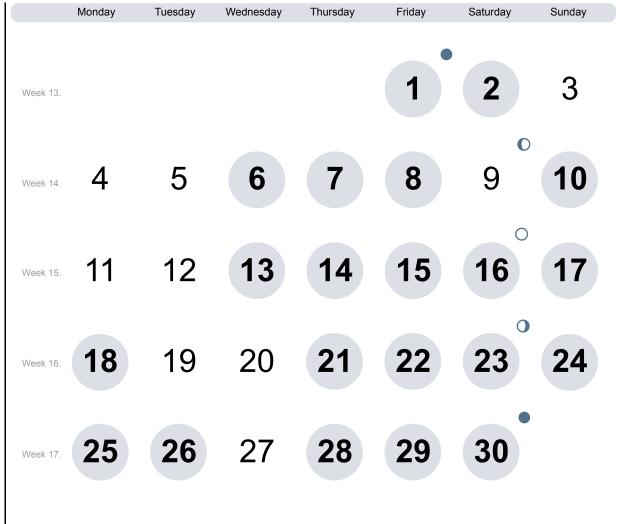


"It's really hard to go through something that is deeply hurting you on the inside, but you have to act like it doesn't affect you at all. You can't hate yourself happy and you can't shame yourself worthy; real change comes with self-love and self-care."

lan Slade, DE&S Psychological Health and Safety Lead

Random Act of Kindness

Give someone a voice that might not usually contribute.



April is Autism Awareness Month | Stress Awareness Month | Bowel Cancer Awareness Month | Parkinson's Awareness Month |













Special Days

- 1st 1-31 Stress Awareness Month,
- 2nd Ramayana begins Hindu, Ugadi/Telugu New Year – Hindu, Ramadan begins – Islam, World Autism Awareness Day.
- 6th International Asexuality Day,
- 7th World Health Day,
- 8th International Romani Day,
- **10th Palm Sunday** Christian, **Rama Navami** Hindu,
- 13th Songkran (Thai New Year) Buddhist,
- 14th Maundy Thursday Christian, Mahavir Jayanti – Jain, Birth of the Khalsa (Vaisakhi) – Sikh, Tamil New Year.
- 15th Good Friday Christian, Lord's Evening Meal – Jehovah's Witness,
- 16th Theravada New Year Buddhist, Hanuman Jayanti – Hindu, Passover – Judaism, Lazarus Saturday – Orthodox Christian,
- 17th Easter Sunday Christian, Palm Sunday – Orthodox Christian,
- 18th Easter Monday Christian, Birthday of Guru Angad Dev – Sikh, Birthday of Guru Tegh Bahadur – Sikh,
- 21st First Day of Ridvan Baha'i,
- 22nd Holy Friday Orthodox Christian,
- 23rd Saint George's Day Christian,
- 24th Pascha (Easter) Orthodox Christian,
- 25th Feast of Saint Mark the Evangelist Christian,
- 26th Lesbian Visibility Day,
- 28th Lailat al-Qadr Islam, Yom HaShoah – Judaism,
- 29th Ninth Day of Ridvan Baha'i,
- **30th Saint James the Great's Day** Orthodox Christian.



May 2022



"We have a vital role to play in delivering in the interests of the nation and we are best placed to do that by attracting and retaining staff from all walks of life."

Vice Admiral Chris Gardner, DG Ships and DE&S Diversity and Inclusion Champion

Random Act of Kindness

Donate to your local foodbank or to a charity that is close to your heart.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 17.							1
Week 18.	2	3	4	5	6	7	8
Week 19.	9	10	11	12	13	14	15
Week 20.	16	17	18	19	20	21	22
Week 21.	23	24	25	26	27	28	29
Week 22.	30	31					
	May is Action	on on Stroke M UK Na	1onth Mental Hea ational Walking Mo	alth Awareness M onth Celiac Awar	onth Hepatitis /	Awareness Month	1

Special Days

- 1st Beltane Samhain Wicca/Pagan Northern and Southern hemispheres,
- 2nd Twelfth Day of Ridvan Baha'i, Eid al Fitr – Islam,
 - Birthday of Guru Arjan Dev Sikh,
- 3rd Feast of Saints Philip and James - Catholic Christian.
- Akshaya Tritiya Hindu, Jain, 4th Yom HaZikaron – Judaism,
- 4-8 Deaf Awareness Week,
- 5th Yom Ha'Atzmaut Judaism.
- 8th Asexual Visibility Day,
- 9th 9-13 Mental Health Awareness Week,
- 11th Networks Day,
- 15th International Day of Families,
- 16th Vesak Buddhist,
- 17th International Day Against Homophobia, Transphobia and Biphobia,
- 19th Lag BaOmer Judaism,
- 23rd Birthday of Guru Amar Das Sikh,
- 24th Declaration of the Báb Baha'i, Pansexual Visibility Day,
- 26th Ascension Day Christian,
- 29th Ascension of Baha'u'llah Baha'i, Yom Yerushalayim - Judaism,
- 31st Visitation of the Blessed Virgin Mary - Catholic Christian.









New Moon



First Quarter





June 2022



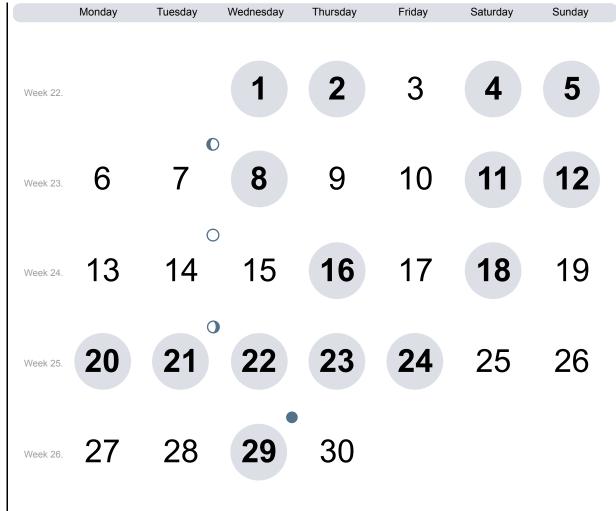
"I have seen first-hand the struggles some people have to break the cycle and to change social status. DE&S needs to be a place where this is possible; an organisation where colleagues from all walks of life and backgrounds can succeed and reach their full potential."

Scott Murray, DE&S Social Mobility Champion

Random Act of Kindness

Have a conversation with someone different and listen to understand.





June is Motor Neurone Disease Awareness Month | Stillbirth & Neonatal Death Awareness Month | LGBTQ Pride Month | Men's Health Awareness Month | Gypsy, Roma and Traveller History Month |





Last Quarter New Moon



O Full Moon

Special Days

- 1st 1–30 Pride month, 1–5 Volunteers Week, Global Day of Parents,
- **2nd Ascension of the Lord** Orthodox Christian.
- 4th International Day of Innocent Children Victims of Aggression,
- 5th Pentecost Christian, Shavuot – Judaism,
- th Tourette's Awareness Day,
- 11th Global Wellness Day,
- 12th Race Unity Day Baha'i, Trinity Sunday – Christian, Pentecost – Orthodox Christian,
- 16th Corpus Christi Catholic Christian Martyrdom of Guru Arjan Dev Sikh,
- 18th Autistic Pride Day,
- **20th The Fast of the Holy Apostles** Orthodox Christian.
- 21st 21–25 World Wellbeing Week, Litha – Yule – Wicca/Pagan Northern and Southern hemispheres,
- 22nd Reserves Day,
- 23rd International Women in Engineering Day
- 24th Sacred Heart of Jesus Catholic Christian,

Nativity of Saint John the Baptist – Christian.

– Christian,

29th Feast of Saints Peter and Paul - Christian.



July 2022



"There is much still to do in the people agenda, including ensuring that we are all creating an inclusive environment. My commitment is that my team and I will continue to work hard to deliver against the DE&S intent of growing our Great People and ensuring we are a **Great Organisation. There** are many fantastic reasons to belong to DE&S and there is much that DE&S can be really proud of"

Dr Jill Hatcher. DE&S Director of HR

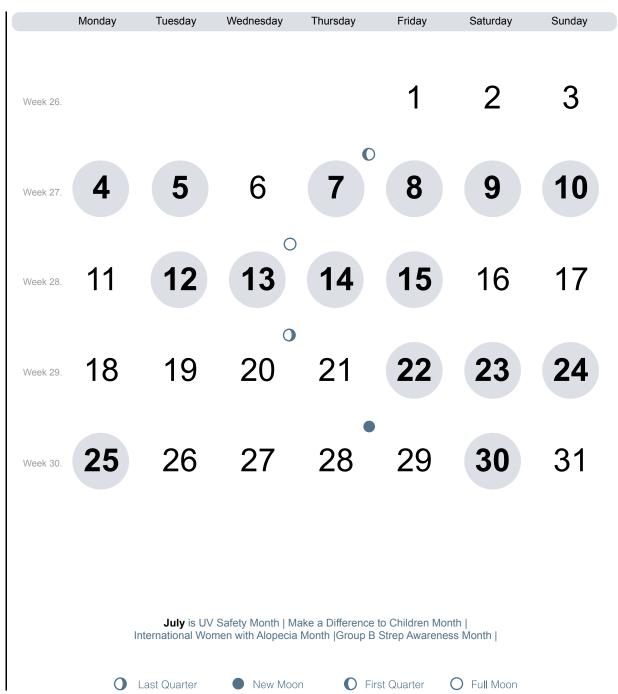
Random Act of Kindness

Thank a colleague for their help and support.









Special Days

- US Independence Day,
- Birthday of Guru Hargobind Sikh,
- Haji Islam,
- Waqf al Arafa Islam,
- Eid al Adha Islam,
- 10th Martyrdom of the Báb Baha'i,
- 12th Orangemen's Day,
- 13th Asalha Puja (Dharma Day) Buddhist,
- 14th International Non Binary People's Day,
- 15th Saint Vladimir the Great Day Orthodox Christian,

World Youth Skills Day,

- 22nd Feast of Saint Mary Magdalene
 - Christian,
- 23rd Birthday of Emperor Haile Selassie - Rastafari.

Birthday of Guru Har Krishan - Sikh,

- 24th Pioneer Day Mormonism,
- 25th Saint James the Great Day Christian,
- 30th Al-Hijra/Muharram New Year Islam.



August 2022



"What valuing Diversity means is thinking about that combination of life experiences, work experiences, outlook, background...how that goes to make up an individual and what that means therefore they bring to the organisation."

David Williams, MOD Permanent Secretary

Random Act of Kindness

Be a cheerleader for someone else's idea or project.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 31.	1	2	3	4	5	6	7
Week 32.	8	9	10	11	12 °	13	14
Week 33.	15	16	17	18	19	20	21
Week 34.	22	23	24	25	26	27	28
Week 35.	29	30	31				

August is Health & Safety Month | Psoriasis Awareness Month | Black Business Month (US) | Children's Eye Health & Safety Month | MedicAlert Awareness Month |













All Jewish holidays begin at sundown on the evening before.

Special Days

1st Lammas – Christian,

- Christian,

Christian.

8th Ashura – Islam,

Christian,

- Christian.

- Christian,

7th Tish'a B'av – Judaism,

11th Raksha Bandhan – Hindu,

12th International Youth Day,

- Catholic Christian,

Religion or Belief,

31st Ganesh Chaturthi – Hindu, Samvatsari – Jain.

18th Krishna Janmashtami – Hindu, 22nd Queenship of Mary – Catholic Christian, International Day Commemorating the

Fast in honour of Holy Mother of Lord

Lughnasadh – Imbolc – Wicca/Pagan Northern and Southern hemispheres,

Transfiguration of the Lord - Orthodox

Jesus - Orthodox Christian,

9th International Day of the World's Indigenous Peoples,

10th Feast of Saint Lawrence – Christian,

15th Assumption of Blessed Virgin Mary

Dormition of the Theotokos – Orthodox

Victims of Acts of Violence based on

23rd Paryushana Parvarambha begins - Jain,

24th Feast of Saint Bartholomew the Apostle

29th Beheading of Saint John the Baptist

6th Feast of Transfiguration of Our Lord





September 2022



"Acceptance has such a positive impact upon a person's good health and wellbeing. This is so important in creating a workplace where everyone feels like they belong, can participate fully, are engaged, are invested in the success of their organisation."

Dr Min Rodriguez, DE&S Diversity, Inclusion and Wellbeing Lead

Random Act of Kindness

Check in with your colleagues and ask how they are feeling with the change in working routine.







	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Week 35.				1	2	3	4	
Week 36.	5	6	7	8	9	10	11	
Week 37.	12	13	14	15	16	17	18	
Week 38.	19	20	21	22	23	24	25	
Week 39.	26	27	28	29	30			
September is Sickle Cell Awareness Month Childhood Cancer Awareness Month Blood Cancer Awareness Month World Alzheimer's Month World Dementia Awareness Month								
	O L	ast Quarter	New Moo	on O Fir	rst Quarter (Tull Moon		

Special Days

- 6th Colour Blind Awareness Day,
- 7th Youth Mental Health Day,
- 8th Nativity of Virgin Mary Christian, Nativity of the Theotokos – Orthodox Christian,
- 9th Anant Chaturdashi Hindu,
- 10th World Suicide Prevention Day,
- 13th Young Professionals Day,
- 14th Triumph of the Cross Christian, Exaltation of the Cross – Orthodox Christian.
- 18th International Equal Pay Day,
- 21st Feast of Saint Matthew Christian, World Alzheimer's Day,
- 23rd Mabon Ostara Wicca/Pagan Northern and Southern hemispheres, Bi Visibility Day, International Day of Sign Languages,
- 25th World Deaf Day,
- 26th Rosh Hashanah Judaism, Navaratri begins – Hindu, 26–30 UK National Inclusion Week,
- 27th Meskel Ethiopian Orthodox Christian,
- 28th Fast of Gedaliah Judaism.
- 29th Michaelmas Saint Michael and All Angels Christian.



October 2022



"For many, race conversations have been very uncomfortable and created tensions. But they are conversations that must be had and be heard if we are to understand each other and move forward as equals."

Krishna Dhanak, DE&S Race Champion

Random Act of Kindness

Invite a co-worker you don't normally connect with to catch up.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 39.						1	2
Week 40.	3	4	5	6	7	8	9
Week 41.	10	11	12	13	14	15	16
Week 42.	17	18	19	20	21	22	23
Week 43.	24	25	26	27	28	29	30
Week 44.	31						





October is Breast Cancer Awareness Month | Down Syndrome Awareness Month |
Black History Month (UK) | Lupus Awareness Month | Global Diversity Awareness Month |
Menopause Awareness Month |











Special Days

- 1st 1–31 Black History Month, 1–31 ADHD Awareness Month, International Day of Older Persons,
- 2nd Feast of the Guardian Angels Christian,
- 3rd 3-7 World Dyslexia Awareness Week, 4th Blessing of the Animals – Christian,
- Saint Francis' Day Christian,

 5th Yom Kippur Judaism,
- 5th Yom Kippur Judaism,
 Dussehra Dasara Hindu,
- 6th World Cerebral Palsy Day,
- 8th Mawlid al-Nabi Islam, International Lesbian Day,
- 9th Birthday of Guru Ram Das Sikh,
- 10th Sukkot begins Judaism, World Mental Health Day,
- 11th International Day of the Girl Child National Coming Out Day
- 13th World Sight Day,
- 15th International Day of Rural Women,
- 17th Shemini Atzeret Judaism,
- 18th Feast of Saint Luke Christian, Simchat Torah – Judaism, World Menopause Day,
- 19th International Pronouns Day,
- 23rd 23–29 Ace Week (formerly Asexual Awareness Week),
- 24th Diwali Deepavali Hindu, Sikh, Jain, Bandi Chhor Divas – Sikh United Nations Day,
- 26th Birth of the Báb Baha'i, Intersex Awareness Day,
- 27th Birth of Baha'u'llah Baha'i,
- 28th Feast of Saints Simon and Jude Christian.
- 29th World Stroke Day,
- 31st All Hallows' Eve Christian, Reformation Day – Protestant Christian, Samhain (Halloween) – Beltane – Wicca/Pagan Northern and Southern hemispheres.



November 2022



"As teammates, managers and leaders, and as plain human beings, we all have a responsibility to understand disability and how best to include everyone at work so they can give their best and be happy."

Michael Greatwich. DE&S Disability Champion

Random Act of Kindness

Learn something new about someone you work with.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 44.		1	2	3	4	5	6
Week 45.	7	8	9	10	11	12	13
Week 46.	14	15	16	17	18	19	20
Week 47.	21	22	23	24	25	26	27
Week 48.	28	29	30				













Special Days

- 1st All Saints' Day Christian,
- 2nd All Souls' Day Christian, Coronation of Emperor Haile Selassie I - Rastafari,
- 8th Birthday of Guru Nanak Dev Sikh, Intersex Day of Solidarity,
- 9th Dedication of the Lateran Basilica - Catholic Christian.
- 11th Armistice Day,
- 13th Remembrance Sunday, World Kindness Day, 13-20 UK Interfaith Week,
- 14th World Diabetes Day, 14-18 National Anti-Bullying Week,
- 15th Nativity Fast begins Orthodox Christian,
- 16th International Day for Tolerance,
- 17th International Students' Day.
- 18th International STAND UP to Bullying Day, **UK Disability History Month begins,**
- 19th International Men's Day,
- 20th Feast of Christ the King Christian, Transgender Day of Remembrance, Universal Children's Day.
- 21st Presentation of the Theotokos Orthodox Christian.
- 24th Martyrdom of Guru Tegh Bahadur Sikh, US Thanksgiving,
- 25th International Day for the Elimination of Violence against Women,
- 26th Day of the Covenant Baha'i,
- 27th Advent Sunday Christian,
- 28th Ascension of Abdu'l-Bahá Baha'i,
- 30th Saint Andrew's Day Christian.





December 2022



"We need to reflect on how our own assumptions, behaviour and language may need to change in order for those who are different from us to feel included. It is by embracing the diversity inherent within our organisation that we will improve how we do things and deliver more effectively."

Adrian Baguley, DE&S Deputy Chief Executive Officer

Random Act of Kindness

Share a positive thought with a colleague.





	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
Week 48.				1	2	3	4		
Week 49.	5	6	7	8	9	10	11		
Week 50.	12	13	14	15	16	17	18		
Week 51.	19	20	21	22	23	24	25		
Week 52.	26	27	28	29	30	31			
December is Universal Month for Human Rights AIDS Awareness Month Decembeard Spiritual Literacy Month									
	O L	ast Quarter	New Moor	n O Fir	rst Quarter	O Full Moon			

Special Days

- 1st World AIDS Day,
- 2nd International Day for the Abolition of Slavery
- 3rd International Day of Persons with Disabilities,
- 5th International Volunteer Day,
- 8th Rohatsu (Bodhi Day) Buddhist, Feast of the Immaculate Conception – Christian,
- 10th Human Rights Day,
- 18th International Migrants Day,
- 19th Chanukah begins Judaism,
- **21st** Yule Litha Wicca/Pagan Northern and Southern hemispheres,
- 24th Christmas Eve Christian,
- 25th Christmas Day Christian, Feast of the Nativity – Orth
 - Feast of the Nativity Orthodox Christian,
- 26th Saint Stephen's Day Christian, Zarathosht Diso (Death of Prophet Zarathushtra) – Zoroastrian, Boxing Day, Kwanzaa begins,
- 28th Holy Innocents Christian,
- **30th Feast of the Holy Family** Catholic Christian,
- 31st Watch Night Christian, New Year's Eve/Hogmanay.



Our standard online PDF calendar is now designed and produced in a format which allows universal access so that content can be used by as many people as possible including people with disabilities or vision impairment.

It makes it easier for people with disabilities to access the calendar with the aid of assistive technology software and devices like screen magnifiers, screen readers, speech-recognition software, text-to-speech software, alternative input devices and refreshable Braille displays.

This is also offered as an option in our Bespoke online PDF calendars as well.

The main benefits of an accessible calendar include:

- Reaching a wider audience
- Increased inclusion
- Improved organisational image and profile
- Better engagement
- Increased usability
- Provides greater participation and sense of belonging for many staff
- Complements and brings greater value to overall equality, diversity and inclusion activities









DE&S DIVERSITY AND INCLUSION CALENDAR 2022

