



Ministry
of Defence

New Starters Travel Guide

As a new starter you may be unfamiliar with the different options available to you for getting to work. Here we aim to provide you with the information you need to work out the best way for you.

At the MOD we are conscious of our environmental impact and promote sustainable ways of travelling where possible.



Rail



Ministry
of Defence

Rail

The nearest train station to the office is Filton Abbey Wood. This station is located about a 10 minute walk from MOD Abbey Wood north and a 6 minute walk from MOD Abbey Wood south.

If you are under 25 you can apply for a 16-25 railcard. This card costs just £30 for one year or £70 for 3 years and provides you with 1/3rd off rail fares.

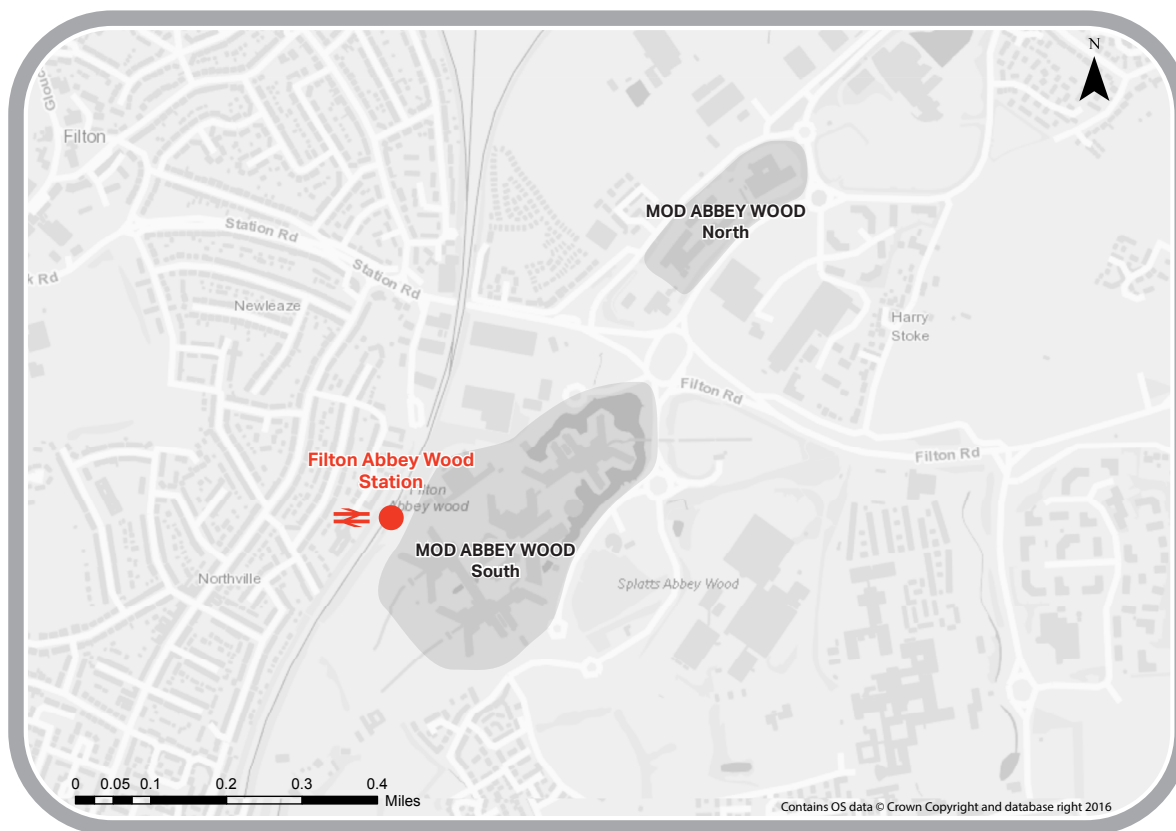
<http://www.16-25railcard.co.uk/>

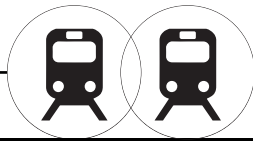
Rail Season Tickets are another way of saving money on rail fares. An advance of salary can be requested to purchase a season ticket. HR Form 1965: [Request for Season Ticket / Bicycle Purchase Advance](#) is to be used to request an advance of salary to purchase a season's ticket (for a minimum of one quarter's duration). Only submit HR Form 1965: Request for Season Ticket / Bicycle Purchase Advance if you do not have access to the Online Form via HRMS > Employee Self Service > Online Services > Online Claims. More information can also be found on the ABW Travel to Work page.

For other train time and rail information visit:

<http://www.nationalrail.co.uk/>

MOD, north and south Office Locations

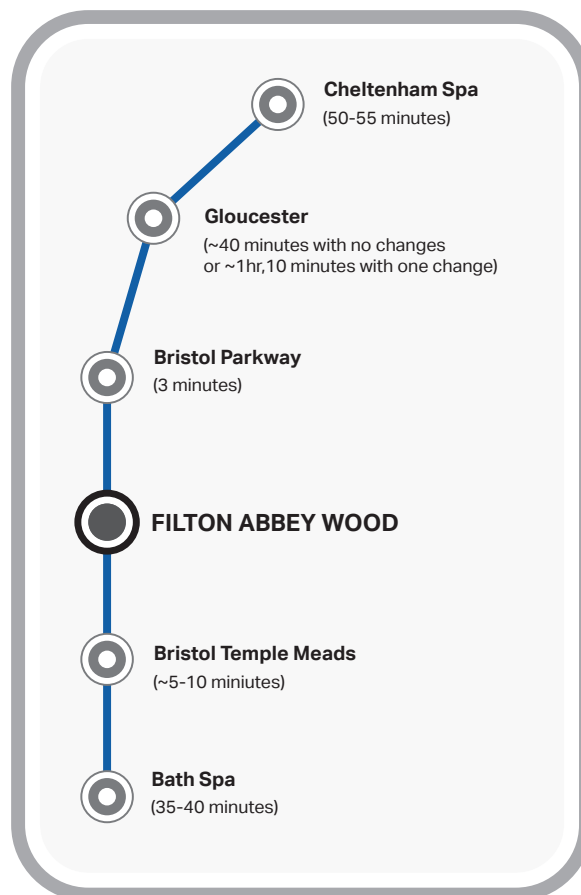




Journey time examples:

Temple Meads – Filton Abbey Wood takes between 5 and 10 minutes	Cheltenham Spa – Filton Abbey Wood takes about 50-55 minutes
Bristol Parkway – Filton Abbey Wood takes 3 minutes	Gloucester – Filton Abbey Wood takes about 40 minutes with no changes or about 1hr-10 minutes with 1 change
Bath Spa – Filton Abbey Wood takes about 35-40 minutes	

Rail link connections to Filton Abbey Wood Station Map

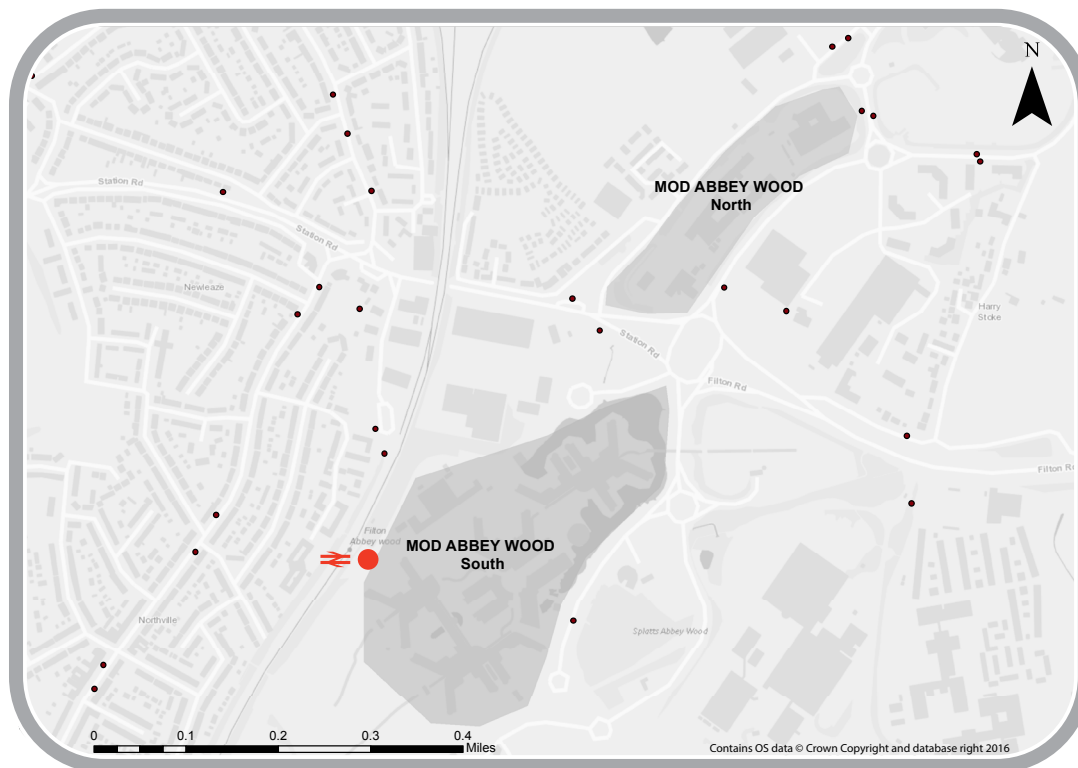




Regular Buses and Routes:

16: Longwell Green – Bristol Parkway (via Hanham, Kingswood, Fishponds, UWE)	77: Bristol – Thornbury (via Cotham, Henleaze, Westbury, Southmead Hospital, Bristol Parkway Station, Almondsbury)
18: Lyde Green – Henbury (via Downend, UWE, Bristol Parkway Station, Southmead Hospital, Westbury, Shirehampton, Lawrence Weston)	70: Bristol Temple Meads – UWE Frenchay Campus (via City Centre, Cromwell, Filton Avenue)
18A: Lyde Green – Avonmouth (via UWE, Bristol Parkway Station, Southmead Hospital, Westbury, Shirehampton)	71: UWE Bower Ashton Campus – UWE Frenchay Campus (via City Centre, Gloucester Road, Filton Avenue)
19: Bath – Cribbs Causeway (via Bitton, Cadbury Heath, Kingswood, Staple Hill, Downend, UWE, Bristol Parkway)	72: Bristol Temple Meads – UWE Frenchay Campus (via City Centre, University of Bristol, Redland, Gloucester Road)
73: Bristol Temple Meads – Cribbs Causeway (via City Centre, Gloucester Road, Filton Avenue, Bristol Parkway Station, Bradley Stoke, Patchway)	

Bus stop locations near the north and south offices



Bus



Ministry
of Defence

Useful websites for bus information are:

<https://www.firstgroup.com/bristol-bath-and-west>

<https://travelwest.info/>

<https://www.firstgroup.com/next-bus>



The nearest bus stops to the office are located on Great Stoke Way and Station Road.

Great Stoke Way bus stop frequent services: **16, 18, 18A, 19, 19A, 73, 77.**

McDonald's (Station Road) bus stop frequent services: **70, 71, 72, 73, 77.**

A useful app for those who choose to travel by bus is Bus Checker. This app tells you the bus services that stop at each bus stop as well as providing details of bus routes and times. The app is available on both IOS and Android.

www.buschecker.com/app/UK/





Storage & Security

There are 920 mostly covered cycle spaces located reasonably close to the buildings on site. There are also 1114 personal lockers available for storage with each major building having shower and changing facilities for both male and female use.

An advance of salary can be requested to purchase a bicycle!

HR Form 1965: [Request for Season Ticket / Bicycle Purchase Advance](#) is to be used to request an advance of salary to purchase a bicycle and accessories. Only submit HR Form 1965: Request for Season Ticket / Bicycle Purchase Advance if you do not have access to the Online Form via HRMS > Employee Self Service > Online Services > Online Claims. More information can also be found on the ABW Travel to Work page.

Useful sites for finding out about cycle routes and maps are:

<http://www.sustrans.org.uk/ncn/map/national-cycle-network>

<http://www.betterbybike.info/>

<https://travelwest.info/>

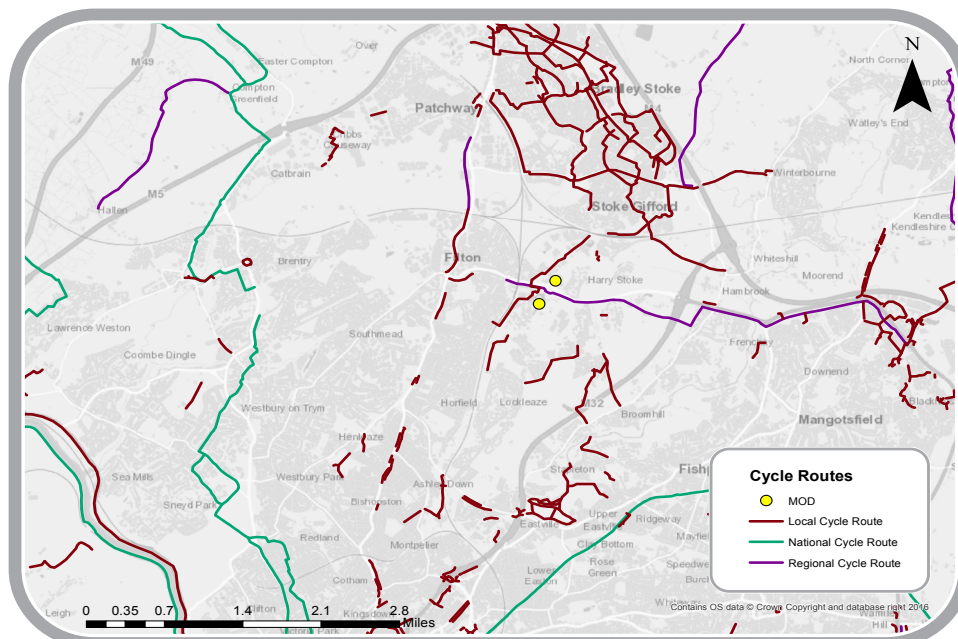
Journey time examples:

Bradley Stoke – MOD office takes about **15 minutes**

Southmead – MOD office takes about **15 minutes**

Emersons Green – MOD office takes about **28 minutes**

National Cycle Routes



The National Cycle Routes map is for illustration to demonstrate the different types of cycling routes available in the area. For more information on cycling routes in the area visit the above websites.



Car Sharing

Car sharing is a more sustainable way of travel if driving is the best option for your commute to work.

There are a number of advantages to car sharing over driving to work alone, these include:

- It's more sociable – you have someone to share the journey with
- It's cheaper – you split the fuel costs
- It cuts carbon emissions – there's less cars on the road

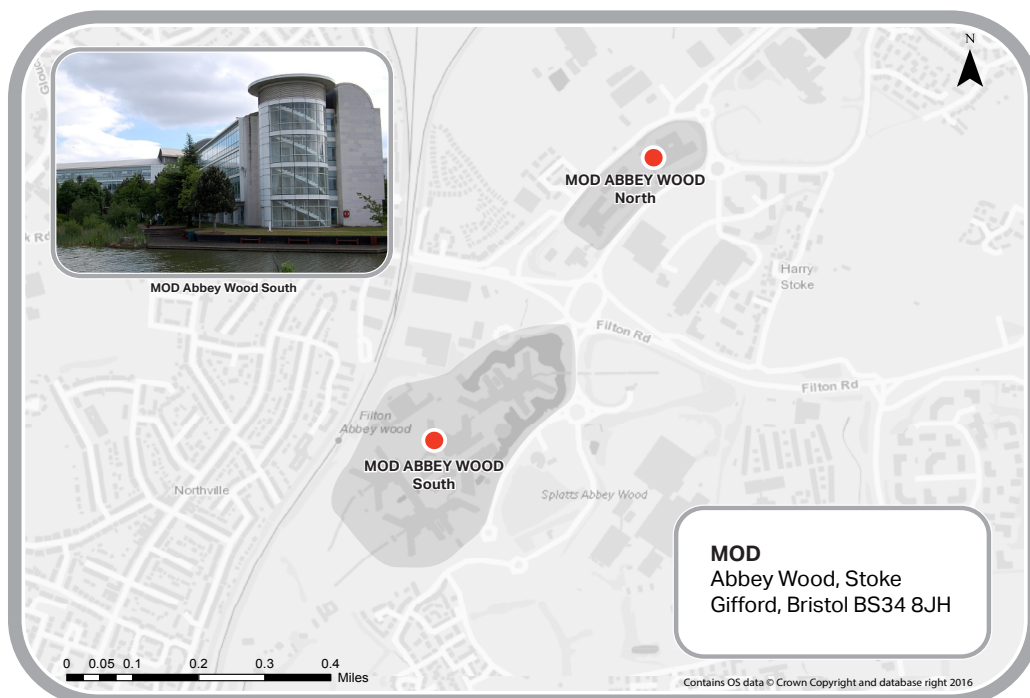
To support car sharing the site has 523 parking spaces for car sharers. Abbey Wood has its own private area on lift-share and currently 1056 members of staff are registered.

Contact

If you have any questions about your journey to work please contact us using the contact details below:

Paul Evans **03067930559**
 Roger Parfitt **03067930665**
 Sue Hordle **03067935994**

MOD Office/s Location Map





Ministry
of Defence

